



# September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 W.G Cereal String Cheese Fruit ----- W. G. Corn Dog Tater Tots Baked Beans Fruit	2 Breakfast Pizza Fruit ----- ER- Spaghetti w/meat sauce Spinach & Carrot Salad ER- Garlic Bread Fruit
<b>5 Labor Day No School</b>	6 Enriched Biscuits Turkey Sausage Fruit ----- Beeforoni w/ Enriched Noodles Green Peas Fruit	7 E.R. Blueberry Muffins String Cheese & Fruit ----- Ham & Cheese Sandwich, M.G. Chips, Baby Carrots w/ Ranch Fruit	8 12 Enriched Toast Scrambled Eggs Sausage & Fruit ----- Hamburger w/W.G. Bun Tater Tots Baked Beans Fruit	9 W.G. Pancakes and Turkey Sausage Dogs Fruit ----- W.G. Pepperoni Pizza Broccoli Florets w/ Ranch Fruit
12 W.G. Cinnamon Rolls & Sausage Links Fruit ----- Beef & Gravy Mashed Potatoes Green Beans & Rolls Fruit	13 Enriched Biscuits Turkey Sausage Fruit ----- Ham & Cheese Sandwich, M.G. Chips, Baby Carrots w/ Ranch Fruit	14 W.G. French Toast Sticks & Sausage Fruit ----- Enriched Mac & Cheese w/ Beef Corn Fruit	15 W.G Cereal String Cheese Fruit ----- Hotdog w/ W. G Buns Baked Beans Tater Tots Fruit	16 Breakfast Pizza Fruit ----- ER- Spaghetti w/meat sauce Spinach & Carrot Salad ER- Garlic Bread Fruit
19 13 Enriched Biscuits Turkey Sausage Fruit ----- Chicken and ER- Noodles Green Lima Beans Fruit	20 W.G. Cinnamon Rolls & Sausage Links Fruit ----- Beeforoni w/ Enriched Noodles Green Peas Fruit	21 E.R. Blueberry Muffins String Cheese & Fruit ----- Chicken and E.R. Rice Green Beans Fruit	22. 12 Enriched Toast Scrambled Eggs Sausage & Fruit ----- W.G. Chicken Patty w/ W.G Bun Tater Tots Baked Beans Fruit	23 W.G. Pancakes and Turkey Sausage Dogs Fruit ----- W.G. Pepperoni Pizza Broccoli Florets w/ Ranch Fruit
26 W.G. French Toast Sticks & Sausage Fruit ----- Chicken and ER- Noodles Green Lima Beans Fruit	27 Enriched Biscuits Turkey Sausage Fruit ----- Tater Tot Casserole w/ Beef Corn Fruit	28 Enriched Biscuits Turkey Sausage Fruit ----- Chicken and E.R. Rice Green Beans Fruit	29 W.G Cereal String Cheese Fruit ----- W. G. Corn Dog Tater Tots Baked Beans Fruit	30 Breakfast Pizza Fruit ----- ER- Spaghetti w/meat sauce Spinach & Carrot Salad ER- Garlic Bread Fruit

**All meals come with a choice of 1% White or Fat Free Chocolate Milk.** \*Menus are subject to change due to availability.

All meals come with a choice of 1% White or Fat Free Chocolate Milk. In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-CASCR%20ComplaintForm-0509-0002-009-11%28-17%20.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by mail:  
 U.S. Department of Agriculture  
 Office of the Assistant Secretary for Civil Rights  
 1400 Independence Avenue, SW  
 Washington, D.C. 20250-9410, or fax:  
 (833) 256-1665 or (202) 690-7442; or email:  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

